



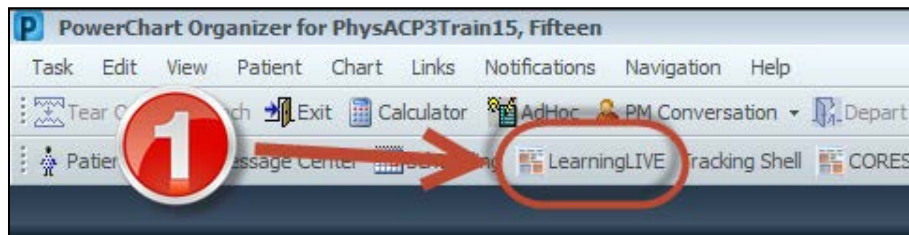
## Medical Staff Key Points Regarding Changes to Pain Management Practice in the Seton Healthcare Family

- Advances in the evidence based practice approaches to pain management along with the pervasive impact of the opioid crisis in our community supports a comprehensive plan for the transformation of how pain is managed in the Seton Healthcare Family and across Ascension Health.
- Drs. Chad Dieterichs, Thomas Vetter, and Tom Caven along with a multidisciplinary team are leading an initiative to update our pain management strategies and order sets to better align with evidence based approaches to pain management. Dr. Chad Dieterichs is leading the design of multimodal pain management order sets across Ascension Health with Seton Healthcare Family testing and implementing the strategies.
- Most Ascension ministries, including Seton Healthcare Family have pain management order sets that are not reflective of current evidence-based pain management practice. PRN medications are written for a nurse to give per a pain intensity score (numeric or mild/moderate/severe) that may over or undertreat a patients pain. There is little use of scheduled non-opioid foundation. In addition, the use of integrative therapies is minimal as a treatment modality.
- In the last 3 years, Seton Healthcare Family has been cited 4x by Joint Commission for issues regarding pain orders clarity:
  - 2012: Therapeutic Duplication
  - 2015: Exceeding range of initial medication dose
- So what's changing?:
  - Transition to new evidence based pain assessment scales and tools.
  - Implementation of one comprehensive pain management power plan, which will replace individual pain medication orders from designated power plans; while embedding the pain management power plan as an option.
  - Multimodal pain management strategies
  - Inclusion of a Therapeutic Activity Goal
- So what is expected of all medical staff?
  - All medical staff will begin using the new pain orders and take responsibility for clarifying any questions they may have with new orders
  - Read the tips and tricks email to understand better the new orders
  - Contact Drs. Dieterichs, Vetter, and Caven for any questions remaining about rollout
  - Begin learning the therapeutic activity goal methodology for ordering pain orders

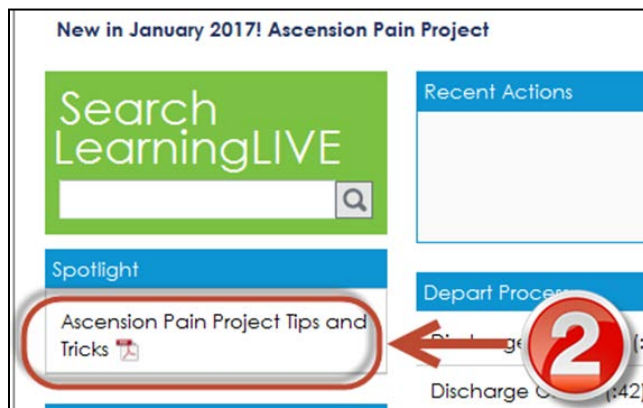
- Next Steps:
  - Tips and Tricks will be available as described below
  - Site based transformation teams will be providing at-the-elbow support
  - Please send any questions to the physician champions:
    - Dr. Chad Dieterichs [chad.dieterichs@capanes.com](mailto:chad.dieterichs@capanes.com)
    - Dr. Thomas Vetter [thomas.vetter@austin.utexas.edu](mailto:thomas.vetter@austin.utexas.edu)
    - Dr. Thomas Caven [TCaven@seton.org](mailto:TCaven@seton.org)
    - Dr. Billy Corbett (pediatrics) [William.Corbett@capanes.com](mailto:William.Corbett@capanes.com)

Locating the Ascension Pain Project Tips & Tricks

1. Login to COMPASS
2. Click the LearningLIVE button from the toolbar. (fig.1)



3. Click the Ascension Pain Project Tips and Tricks button under Spotlight. (fig.2)



4. Select the subject titles from either the Adult or Pediatric Care Resources

Dashboard > Physician Resources > Ascension Pain Project Tips and Tricks

## Ascension Pain Project Tips and Tricks

Last modified **about an hour ago**

Adult Care Resources	Pediatric Care Resources
<a href="#">Pain Management PowerPlan</a>	<a href="#">Changes to Viewing Pain Assessments</a>
<a href="#">Changes to Viewing Pain Assessments</a>	<a href="#">ED Order Changes</a>
<a href="#">ED Order Changes</a>	<a href="#">Pedi Surgical Order Changes</a>
<a href="#">Women's Health Nursing Documentation</a>	<a href="#">Pediatric Order Changes</a>
<a href="#">SMDO Newborn Order Changes</a>	<a href="#">Pediatric Palliative Care Order Changes</a>
<a href="#">Women's Health Order Changes</a>	<a href="#">Rehabilitation</a>
<a href="#">Acute Care Pain Assessment</a>	
<a href="#">Critical Care Order Changes</a>	
<a href="#">PACU Order Changes</a>	
<a href="#">Rehabilitation</a>	